



ODOR-MASKED & BURP-LESS

SUPER-3[®]

Fish Oil

1000 mg Omega-3 Oil

COMPOSITION

OMEGA SUPER-3[®] Softgel Capsule: Each softgel capsule contains 1000 mg Omega-3 Fish Oil (a combination of Eicosapentaenoic Acid 460 mg & Docosahexaenoic Acid 380 mg).

PHARMACOLOGICAL ACTION

The **Omega-3** fatty acids from Fish Oil containing eicosapentaenoic acid & docosahexaenoic acid are long chain n-3 polyunsaturated fatty acids, which compete with arachidonic acid for inclusion in cyclo-oxygenase and lipoxygenase pathways. Their actions include hypolipidaemic action (especially a reduction in plasma triglycerides) by reducing very low density lipoproteins; anti-inflammatory action, attributed to effects on leukotriene synthesis & antiplatelet effect.

INDICATION & USES

- Supports Cardiovascular Health
- Supports Brain Health
- Supports Eye Health
- Aids Weight Loss
- Reduces Inflammation

SIDE EFFECTS

Adverse effects are rarely reported.

PREGNANCY & LACTATION

Numerous researches have confirmed that adding EPA and DHA to the diet of pregnant women has a positive effect on visual and cognitive development of the baby. ISSFAL (the International Society for the Study of Fatty Acids and Lipids) has established the recommended minimum dosage of 300 mg DHA daily in Pregnant & Lactating mothers. It is advised to consult with the physician before any use.

DRUG INTERACTION

Omega-3 fatty acids have been given in conjunction with warfarin without haemorrhagic complications. However, the prothrombin time must be checked when Omega-3 fatty acids are combined with warfarin or when treatment with Omega-3 fatty acids are stopped.

DOSAGE & ADMINISTRATION

1 softgel capsule daily after meal or as directed by the physician.

STORAGE

Store the container tightly closed below 25°C.

Protect from direct sunlight & moisture. Do not freeze.

Keep out of reach of the children.

HOW SUPPLIED

OMEGA SUPER-3[®] Softgel Capsule: Each container contains 30 softgel capsules.

SQUARE